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Starving in Search of Me: A Coming-of-Age Story of ...

Starving in Search of Me resolves with hope and an abundance of insights, tools, and resources to support eating disorder sufferers and members of the LGBTQ community alike. It's a head-on journey toward total self-acceptance that will nourish the spirit and inspire readers to embrace their differences and nurture their authentic selves.

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"Starving in Search of Me is a significant

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work of honesty that is going to provide company and hope to many who are struggling with the weight of a world that isn't always easy to stand out in. Now more than ever before, young people need courageous voices like Marissa's to guide and reassure them that what makes them different is what makes them beautiful.

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Readers of this riveting memoir, *Starving in Search of Me*, will relate to the coming-of-age story of a young woman confronting some of life's major issues while living, for a time, in two closets: one to hide her eating disorder and one to hide her sexuality and very identity.

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Starving In Search of Me by Marissa LaRocca - Mango

Starving in search of me : a coming-of-age story of overcoming an eating disorder and finding self-acceptance. [Marissa LaRocca] -- This confessional self-help guide explores the complex emotional truth of what it s like when food, weight, and body image take priority over every other human impulse or action.

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"Starving In Search of Me_ is a true companion piece for anyone who has ever struggled with food or themselves. Marissa dives deep into the emotional layers we all struggle with and offers readers a compassionate voice and the opportunity to simply be themselves."
—Lindsey Smith, author of _Eat Your Feelings

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I imagine it would be difficult to not find something one could relate to throughout "Starving In Search of Me." Throughout this approachable narrative, Marissa LaRocca reveals her struggles with eating disorders, sexuality, and

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