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(Image provided by North Atlantic Books) I wrote Applied Anatomy of Aerial Arts (more info here) to put a road map in the hands of aerialists and to help them on their circus journey. I have

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been involved in circus since my childhood and always took my curiosity about the body through my education.

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United States Emily Scherb is a Doctor of Physical Therapy and Educator. She is the Author of Applied Anatomy of Aerial Arts and a former professional aerialist and forever enthusiast. Performing Arts Medicine specialist.

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